



BERRY BIRTHDAY SHAKE

INGREDIENTS:

- 1.5 scoop Birthday Bliss Glam Pro
- 1 cup frozen strawberries
- 1/2 cup tart cherry juice
- 1 tbsp cacao nibs
- Per preference: ice and water

DIRECTIONS:

1. Add all ingredients to a blender
 2. Blend on high
- Enjoy!



Makes 1 Serving

Calories: 257 | Protein: 24 g | Carb:30 g | Fat: 4 g | Fiber: 4 g