



HIGH PROTEIN PEANUT SAUCE

INGREDIENTS:

- 1 cup PB Powder
- 1/3 cup water
- 1 oz (2 tbsp) thai chili sauce
- 1 tbsp low sodium soy sauce
- 1 tbsp rice vinegar
- 1/2 tsp ground ginger
- 1 minced garlic
- juice from one lime
- 1/2 tbsp chili flakes
- 1-3 tbsp additional water(save to the end)

DIRECTIONS:

SPICY | **VEGAN**

1. Mix all ingredients in a medium bowl
 2. It should form a thick paste
 3. Add the additional water, 1 tbsp at a time, until your desired consistency is reached.
 4. Store in an air tight container in the refrigerator.
- Enjoy!



Makes 5 Servings | Serving Size = 2 oz

Calories: 111 | Protein: 12 g | Carb: 13 g | Fat: 3 g | Fiber: 3 g